



## **Northampton Area Pediatrics, LLP Parenting Workshop**

### **What about Sleep:**

### **It's more important than you think!**

**with Beth Grams Haxby, Ed.M. and Jonathan Schwab, M.D.**

Get tips on how to help your child learn to sleep through the night. This workshop will focus on strategies for infants and young children.

**Sunday, April 30<sup>th</sup>  
4:00pm to 5:30pm  
193 Locust St., Northampton**

*RSVP by calling 413-517-2226 or email [contactus@napeds.com](mailto:contactus@napeds.com)*