



# VALLEY ADHD PARENT SUPPORT GROUP

**1st Monday of Every Month  
6:30pm to 8pm**

**Northampton Area Pediatrics, LLP  
193 Locust St., Northampton  
Conference Room**

Join other area parents and caregivers to...

- Receive ADHD information and support
- Be heard without being judged
- Hear how others cope with similar issues and challenges
- Learn about local resources for families
- Hear from area specialists on pertinent topics
- Learn new strategies to try at home
- Leave feeling empowered and hopeful

Questions? Please contact:

**ValleyADHDFamilies@gmail.com**