



Northampton Area Pediatrics Parenting Workshops 2019-2020

Join pediatrician, Jonathan Schwab, M.D., and clinical psychologist, Sharon Saline, Psy.D, and invited guest speakers for a short presentation and Q & A. Gain insights and ask your questions!



Sundays
4pm to 5:30pm
193 Locust St.,
Northampton

All parenting workshops are free of charge and open to the public.

We offer childcare for some of the workshops.

September 15th

Childhood Safety: Tips on Car Seats and Boosters, Prevention of Drowning, What You Should Know about Choking Accidents and Gun Safety, with pediatrician, Catherine Bartlett, MD

October 20th

Parenting Preschoolers with Confidence, Clarity and Empathy with Sarah Abel, LICSW

November 10th

Striking the Right Balance: How to Make Healthy Eating and Exercise a Part of your Busy Life with Jennifer Allen, Director of Wellness & Community Engagement at the HRYMC and pediatrician, Kristen Deschene MD

December 1st

When Worrying Takes Over: Managing Anxiety in your Child or Teen with Sharon Saline, PsyD and Jonathan Schwab, MD

January 26th

Navigating the care of your Medically Complex Child and Finding the Supports you Need with Alana Kaczmarek, CPNP

February 9th

Substance Abuse: Why Does it Happen and How Can Parents and Medical Providers Help with Jonathan Schwab, MD

March 1st

Everything You Want to Know about Parenting an ADHD Child or Teen with Sharon Saline, PsyD and Jonathan Schwab, MD

April 19th

Picky Eating from Toddlers to Teens with Ana Maria Moise, MS CNS LDN, Michele LaRock, MS RDN LDN and Kristen Deschene, MD

May 3rd

Navigating Gender Identity Development in Children and Adolescents with pediatrician, Jana Cable, MD

June 7th

Helping Your Infant and Toddler Sleep Through the Night with Wendy Chabot, MD

