



## Adult Transition Policy

Northampton Area Pediatrics is committed to helping our patients make a smooth transition from pediatric to adult health care. This process involves working with youth and their families, beginning at age 13, to prepare for the change from a pediatric model of care where parents make most decisions to an adult model of care where youth take full responsibility for decision-making.

We expect that youth will transition themselves to an adult primary care provider sometime between the ages of 18 and 22. NAP provides annual physicals for young adults up to and through the age of 22. Most adult primary care physicians require their first appointment to be an annual physical. Therefore, after age 22 patients can continue to see their pediatrician at NAP for medication recheck and acute sick visits, but will have time to complete the transition process in time for the 23 year annual physical to be performed by the new adult PCP.

NAP will assist with this transition process by helping to identify local adult providers, transferring medical records, and communicating with your chosen adult primary care provider about your unique needs.

If you have any questions or need assistance with the process of transitioning to an adult primary care provider, please contact one of our Medical Home Care Coordinators by calling our office at 584-8700, option 6.