



NAP Guidelines Regarding School Excuse Notes

NAP always wants to work with families to create the best of health and happiness for your children. One part of this is that we feel very strongly that all children should go to school every day unless they are really sick. Children CAN go to school even if they have a cold (without a fever) or a mild stomachache. If you are not sure whether or not to keep your child home, feel free to call our office for advice.

We will no longer be giving out notes that say a parent called in and said their child was sick. All schools allow absence for illness without a note from the doctor. Your child does NOT need a medical note from us each time they miss school. Please be sure to call your school or send a note when your child misses school due to an illness. You can look at your school's handbook for the guidelines.

If your child is missing a lot of school due to asthma, headaches, menstrual cramps or some other on-going issue, they need to see their primary care provider so that the problem can get treated so they can go to school on a regular basis.

If you have any questions about this policy, please call and discuss it either with a triage nurse, our administrator, your child's provider, or your school's administrator.

Thank you,

The Providers at NAP