

Northampton Area Pediatrics Parenting Workshop



Coping with COVID

Presented by

*Northampton Area Pediatrics' Behavioral Health Clinicians
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Sunday, October 3rd
from 4pm – 5:30pm
through Zoom

Like many of us, the past 18 months has brought on significant challenges for our youth including increased anxiety/stress/depression as they navigate a new normal.

Come join us in this series to discuss how our children have been impacted but also learn useful strategies to manage stress while maintaining hope from a behavioral health approach!

For Zoom link or more information, please contact us at:

contactus@napeds.com