



Teen Executive Function Skills Coaching Group

TUESDAYS, 4:15-5 pm EST
With Meg Taylor, MS, MA, BCC
June 24th - September 9th, 2025
(Skips July 1st, August 12th)

During this weekly [group for teens \(ages 13+\) with ADHD](#) and executive function challenges, participants will better understand their own executive skill strengths and areas for growth and set personal goals for practicing strategies while connecting with other teens. Group meets for eight weeks with two additional *parent only* sessions. This is an interactive, ONLINE (cameras on) coaching group.

Visit www.sparkadhd.com for more information and to register.