



**Northampton Area
Pediatrics, LLP**

YOU'RE 18!

Here's what changes at NAP
You're now in charge of your healthcare.
Here's the short version. ●

3 THINGS TO DO NOW

1
Log in to
your own MyChart

2
Give us your
phone, email & address

3
Confirm your
current insurance

YOUR CARE

At 18, **you make decisions about your healthcare.** Your parent or caregiver can still help, but you decide who is involved.

Want us to talk with someone you trust?

Ask us for an Authorization to Release Health Information form. You choose who we may speak with and what information we may share.

YOUR PRIVACY

Your medical information is now private to you. Being your parent, carrying your insurance, paying your bills, or being your emergency contact does not automatically give someone access after you turn 18.

YOU choose who NAP may share information with.

YOUR MYCHART

Your MyChart account is now yours. Parent/caregiver access that was available while you were a minor ends when you turn 18.

NAP does not provide parent/caregiver MyChart proxy access for adult patients, except when someone has legally established authority to act on your behalf.

An Authorization to Release Information (ROI) does NOT provide MyChart access.

YOUR BILLS & INSURANCE

You can still be covered by a parent's health insurance after turning 18. But at 18, **you become the guarantor/responsible party for your NAP account.**

INSURANCE SUBSCRIBER

The person who carries the insurance

GUARANTOR

The person responsible for the NAP Billing account

You are responsible for applicable copays, deductibles, coinsurance, noncovered services, and other patient balances. Review statements and contact Billing if you have questions or need to discuss payment arrangements.

YOU DON'T HAVE TO DO IT ALONE

● A trusted person can still help with appointments, insurance, bills, and healthcare decisions.
The difference is that now, YOU decide who is involved.